

Equine Sports Massage Therapy

Massage, myofascial release and rehab exercises to benefit all equines from competition horses to family pets. Can help horses to be healthy, supple, perform better and last longer, whilst horses with issues are assisted onto the road to recovery.



Benefits of Sports Therapy:

- Enhances muscle tone
- Increases range of motion of joints
- Balances the body
- Reduces compensatory issues
- Promotes circulation and thus health
- Aids relaxation
- Speeds the healing of injury

Benefits of remedial exercises:

- Develops suppleness
- Improves strength
- Reverses compensatory issues
- Reduces re injury

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Why use Clare? Over 35 years of equine experience ranging from Olympic horses to local rescues. Fully qualified and insured.

I offer the highest quality massage, myofascial release and rehab programs to suit your horse/pony. My aim is to work with riders/ owners & vets to provide the best services for each animal.

Registered with International Association of Animal Massage Therapists

Please call

Clare 07977511217

To discuss how sports massage could help your horse.

£10 Discount off first treatment.

*Thank you Clare. She is sound today and is so much happier in herself. I wish we had found you sooner. She loved her treatment, we are looking forward to seeing you again.
Mrs F*